

AFTER SURGERY

We Understand...

We understand that you may be just as concerned or anxious about your recovery period as you were prior to surgery. Below are some of the things you may experience after your surgery.

What should you DO AFTER your surgery?

- Follow your post-operative instructions given to you at the surgery center as well as instructions from your physician.

Your post-operative instructions are provided to facilitate your recovery process. We encourage you to follow these instructions closely.

- Do not drink alcoholic beverages for 24 hours.

For your own safety, do not drink alcoholic beverages for 24 hours after receiving a general anesthetic or while taking oral pain medications.

- Do not operate equipment or sign important papers for 24 hours.

It is normal to feel drowsy after anesthesia. We recommend that you avoid driving, operating equipment or signing important documents for 24 hours after your surgery.

- Staff members will follow-up with you to see how you are doing.

We will telephone you after you have gone home to make sure you are doing well. If you have any questions or concerns please let our staff member know.

- Call your physician, 911 or your emergency response number in case of an emergency.

If you have any questions or comments, please contact us at (423) 283-7302, between the hours 8:00 a.m. – 5:00 p.m.

What you should EXPECT AFTER your surgery has been performed?

- Nurses in our fully equipped recovery room will monitor you.

After your surgery is completed, you will be moved to the recovery room where our nurses will monitor your recovery progress. During this time the Anesthesiologist and your surgeon will also check on you.

- Your surgeon will speak to your family/friends waiting on you.

Your surgeon will inform your family/friends of your status and the outcome of the procedure.

- Your family member will be given postoperative instructions before you go home.

Your recovery care nurse will provide you and your family member post-operative instructions regarding diet, rest, and medications since you may still be sleepy when it is time for you to go home.

- After your discharge

For questions or concerns, call your surgeon or his/her answering service at the number listed on your discharge paperwork.