

East Tennessee Ambulatory Surgery Center
701 Med Tech Parkway
Suite 100
Johnson City, TN 37601
(423) 283-7302

Preparations before your surgical procedure:

- A family member/companion must bring you, wait for you during the procedure and receive your discharge instructions. Your procedure **will not** be done without the family member/companion present at all times. This person may go to their automobile but remain in the parking lot.
- It is our goal to remain in the scheduled time frame that you were originally given. However, due to unforeseen delays the schedule may change. Please make sure your family member/companion is prepared to be with you for the time needed.
- A correct and/or alternate phone number to reach you the day before your procedure must be given.
- For your family/companions convenience, our facility supplies complementary coffee. There are vending and soda machines available.
- We suggest that the person with you bring a book or a craft hobby they may have to help make their stay more comfortable.
- Please bring a list of all allergies and medications with doses and frequencies the day of your procedure.
- Please remember to wear comfortable clothing.
- No animals are allowed inside the facility.
- Please remember to leave **ALL** jewelry and piercings (i.e. earrings, belly rings, tongue rings etc.) at home. They may not be worn during your procedure.
- Please bring your insurance cards and identification the day of surgery.
- Do not eat or drink anything after midnight (including hard candy, cough drops and chewing gum).
- Medications that are to be taken the day of surgery, please only take with a sip of water.
- ***Due to limited seating, please limit the number of people accompanying you to a minimum.***

Patient Signature

Date/Time