

DAY OF SURGERY

We Understand...

We understand that surgery can be an anxious experience for you and your family. Our staff will provide you a warm and caring setting to ease some of your anxiety about the procedure.

What should you DO the day of your surgery?

- Plan to arrive promptly at the scheduled time.

Your prompt arrival will allow adequate time for all the necessary admission procedures and keep things moving along for other patients and families. Please remember to bring your insurance card.

- Leave jewelry and valuables at home.
- Even though we provide a safe environment, it is in your best interest to leave your valuables at home.
- Wear loose fitting, comfortable clothing.

For your comfort we encourage you to wear clothing that can easily be removed and stored. Please avoid wearing nail polish and cosmetics. Leave contact lenses at home and bring your eyeglasses case with you.

- Bring a favorite stuffed animal or blanket for children.

Young children having surgery like to have a stuffed animal or security blanket with them for added reassurance. Please bring whatever bottle or sippy cup your child uses if they cannot drink from a cup.

- Do not Smoke.

Smoking may interfere with the healing process or recovery from anesthetics and frequently produces nausea during the recovery period.

- Notify your physician if you think you may be pregnant.

Anesthesia and medications may be harmful to your developing baby.

What you should EXPECT the DAY OF your surgery?

- Our staff will check you in when you arrive at the Surgery Center.

Our admission process is very quick because we have obtained most of your information at your required preadmission testing arrived. This final check allows us to verify all of your key information, so we can better serve you.

- A preoperative nurse will escort you into the pre-operative area.

Our nurse will wait for you to change your clothes and store them until you are ready to go home. After you have changed, the nurse will escort you to a surgical stretcher. Family members will not be allowed in this area except in special cases of parents with children.

- Our staff will begin your preoperative procedures.

A nurse will conduct a preoperative assessment that will include taking your vital signs. The nurse will also start an IV for your procedure. We will also numb the IV site for comfort.

- Your anesthesia provider will speak with you in the pre-operative area.

The anesthesia provider will explain the procedure you will be having and review all the pre-operative information the nurses have collected.

- While you are waiting

Music, books and magazines are available to help you pass the time before your procedure.